

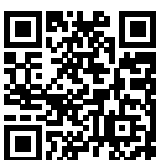
# MACSFIT-PT BEGINNERS RUNNING CLUB



Location **North, Lancashire**  
<https://www.freeadsz.co.uk/x-225759-z>



We are MACSFIT-PT LIMITED promoters of all aspects of fitness and health, from physical activities to the mental attitude and confidence. We are pleased to add Beginners running club to our activity, to promote an alternative way for people to get fit other than our bootcamps. We are looking for NEW runners, who are motivated to start, but too self conscious to join a larger club, or feel intimidated by established runners. We are friendly, encouraging and motivated to help people get outside and active. Our sessions are ONLY £1 per person. We are also looking for runners who would like to take the step to becoming a running coach/instructor, teaching and holding sessions in their local areas, and earning some extra money, while doing what they love to.



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