

Get fit with PT sessions from Tartan Fitness (35 GBP)



Location **Scotland, Stirlingshire**
<https://www.freeadsz.co.uk/x-241441-z>



Are you sick of feeling like you never get the results you crave?
 Are you very busy, with work, family, children?
 Do you want to change your body shape and lose weight for good?
 Do you want a programme that is easy to follow and really works?

Book a personal Training session with Tartan Fitness. Available days, evenings and weekends.
 Train outdoors or join me at the Gym.
 Fully qualified and insured Personal Trainer based in Glasgow Southside.



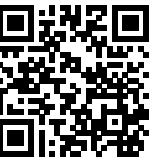
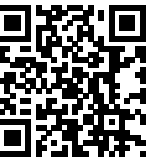



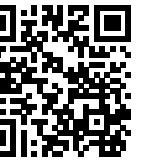
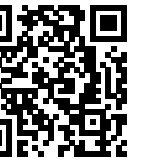
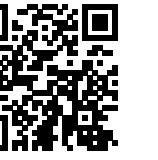
Qualifications:
 Level 2 Gym Instructor
 Level 2 Certificate Exercise to Music
 Level 2 Diploma Exercise to Music

Level 3 Personal Trainer
 Level 3 Diploma Personal Training

Sports Conditioning
 Spin fit Instructor
 Circuit Training

Bootcamp Instructor

Can help with free of obligation

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