

martial arts beginners class at chester le street first 2 lessons free starts May 25



Location

North, Tyne And Wear

<https://www.freeadsz.co.uk/x-523695-z>



Martial arts for fitness health & self defense aikido controls throws strikes and sword and stick arts
Chester le street community centre DH3 3TS Thursdays 730 pm-9 pm 10 years + Can be practiced without high or hard break falls doesn't include high



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