Edina Balogh Clinical Hypnotherapist (Hyp.PgCert.) Possible Solutions with Clinical H



Location London, London https://www.freeadsz.co.uk/x-562756-z



Possible Solutions with Hypnotherapy is more than just Hypnosis, it uses various psychotherapeutic approaches tailored for your needs to help you to achieve your goals.

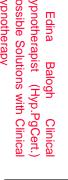
I can help you with:

Emotional problems: boost self-confidence, assertiveness to help achieve potentials, stress-management, anxiety/ persistent worry, GAD, depression, panic attacks and panic disorders, phobias, blushing.

Physical symptoms: sleeping disorders, night terrors, nightmares, aches and pains, headaches/migraines and blood pressure, stomach problems, IBS, skin problems, stammering, dystonia (nervous tick), asthma, tinnitus (ringing in the ear).

Unwanted habits: nail biting, smoking, bed wetting, snoring, bruxism (grinding of teeth). Can also help with: improving healthy eating, weight control, psychogenic infertility, enhancing performance in sport, studying or work, gynaecological problems, PMT, menopause, minor surgery,







Edina Balogh Clir



Possible

Solutions

Hypnotherapist

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dentistry, some sexual problems and many...

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