

# York Perform 230 front drive cross trainer. Used once (325 GBP)

Location **London, London**  
<https://www.freeadsz.co.uk/x-163498-z>



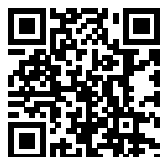
York Perform 230 front drive cross trainer. Used once, The York Perform 230 front drive cross trainer is excellent condition. Selling due to a health condition. Used once. Drive System: Self-generating Flywheel: 7kg (15lbs) Resistance: 32 levels of computer controlled magnetic resistance Stride length: 19" Console: single colour 5.5" LCD + backlit buttons Programmes: 23 (1 manual, 12 pre-set, 4 user-defined, 1 watt, 4 HRC, 1 Body Fat) User Profiles: 4 Feedback: time, speed, RPM, distance, calories, pulse, watts Heart Rate Measurement: Hand grip pulse sensors Arms: fixed and moving arms with over hand ergo grips Accessories: bottle holder Dimensions: Length= 187cm (73.6"), Width= 67cm (26.4"), Height= 178cm (70") Transport Wheels: Yes £325.00, London,.

07960523373



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