

## York Perform 230 front drive cross trainer. Used once (325 GBP)

Location London, London https://www.freeadsz.co.uk/x-163498-z



York Perform 230 front drive cross trainer. Used once, The York Perform 230 front drive cross trainer is excellent condition. Selling due to a health condition. Used once. Drive System: Self-generating Flywheel: 7kg (15lbs) Resistance: 32 levels of computer controlled magnetic resistance Stride length:  $19\hat{a} \in 0$  Console: single colour 5.5" LCD + backlit buttons Programmes: 23 (1 manual, 12 pre-set, 4 user-defined, 1 watt, 4 HRC, 1 Body Fat) User Profiles: 4 Feedback: time, speed, RPM, distance, calories, pulse, watts Heart Rate Measurement: Hand grip pulse sensors Arms: fixed and moving arms with over hand ergo grips Accessories: bottle holder Dimensions: Length= 187cm (73.6â $\in 0$ ), Width= 67cm (26.4â $\in 0$ ), Height= 178cm (70â $\in 0$ ) Transport Wheels: Yes £325.00, London,.

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