

# Synchronised Swimming Fitness Classes in Brighton



Location

**South East, West Sussex**

<https://www.freeadsz.co.uk/x-163877-z>



Synchronised Swimming Fitness Classes in Brighton, Get fit having fun doing synchronised swimming fitness classes. Strengthen your core and tone your muscles in a unique whole-body workout in the water. Beginners welcome, no synchro experience required. - Mondays 8.30-9.30pm St Lukes Pool (deep and shallow water class)- Thursdays 8-9pm Surrenden Pool (deep water class)Get 50% off your first class or take advantage of our multi-class offer. Adults only. For further info see [www.synchrofitness.com/classes](http://www.synchrofitness.com/classes)Instructors wanted - boost your career with a new fitness trend. Sign up at our website for more details., Brighton,.

07453292788



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