

Zumba fitness in Kentish Town Camden



Location **South East, Middlesex** https://www.freeadsz.co.uk/x-166980-z



Zumba fitness in Kentish Town/ Camden, CLASS DETAILS: Monday 6 - 7pm @ Kentish Town Community Centre 17 Busby Place London NW5 2SP Wednesday (begins 2nd September) 6. 15 -- 7. 15pm @ Clean Break Studio 1 2 Patshull Road London NW5 2LB Suitable for adults of all ages, Zumba is a fun dance workout to a lively variety of international rhythms that combines all elements of fitness: cardio, muscle conditioning, balance and flexibility. Zumba uses a variety of different dance and music styles from salsa to reggaeton. Whether you want to 'shape up' or just have a good time, Zumba could be just what you've been looking for! Please message me for more information! :D, London,.

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