

# Introduction to Archery - Experience day



Location **London, London**  
<https://www.freeadsz.co.uk/x-167336-z>

Archery is a unique sport; it's about self-discipline, setting a goal, accomplishment and a lot more...

It's a perfect sport to help both children and adults gain a sense of direction.

My father used to say that archery was very much like life. You put everything into the one shot you're about to take; get the poise perfect, check your breathing, take aim and fire the shot (at the round gold target face on the target boards) - if you hit the gold great..., BUT, no matter what happened, that arrow is no longer important. This is because the most important arrow now, is the next arrow.

What he was saying, is that life throws things at you; divorce, losing your job, business didn't work out etc... Don't look back and whatever you do next, don't dwell on the past, just make certain you've learnt from your mistake and give your everything again into that next "arrow".

This is what we try and pass onto new archers...

Archery dates back thousands of years - Historically it was known for hunting and combat, nowadays, its practiced as a recreational sport. Our “Introduction to Archery” experience is perfect for all; from complete novices to the more experienced archers who can enjoy this chance to gain some tuition and try some field archery on the 3D range.

We provide you with bows, arrows, arm braces and you will receive expert tuition from a qualified archery

GB instructor. Once you are proficient with the etiquettes, rules of archery, and hitting the target, you will progress to our field courses which involves shooting at targets varying distances. We teach archery

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