

Personal trainer for you



FIT CLASS
CORE STRENGTHENING
CARDIO
STRENGTH
POWER
WEIGHT LOSS
FAT BURN
BODY TONING
MUSCLE GROWTH
EVERY SATURDAY @11.00AM
ONLY £5 A SESSION!

Location

East of England, Essex

<https://www.freeadsz.co.uk/x-169296-z>



Personal training for you! Contact to book your free trial session and a free consultation where i will explain my.



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