Zumba amp Fitsteps Classes - Hutton Community Centre Wednesdays (5 GBP)



East of England, Essex Location https://www.freeadsz.co.uk/x-171509-z



I am currently running ZUMBA & FITSTEPS classes at Hutton Community Centre CM13 1LP on Wednesday evenings. Both classes are a lot of fun and a great way to exercise through dance. You don't need to have exercised or danced before to attend everyone is welcome. Fitsteps has been created by Natalie Low from Strictly Come Dancing and it takes you through many styles including Cha cha, Jive, Tango, Waltz and many more. No partner is needed all dancing is solo. Zumba is 7.30pm and Fitsteps 8.



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