

Wednesday Zumba Fitness Classes in Leigh-on-Sea



Location **East of England, Essex**
<https://www.freeadsz.co.uk/x-171516-z>

Come and enjoy Zumba Fitness Class!!! Every Wednesday at 8pm at St. Michael's church hall, 62 Leigh Road, Leigh-on-Sea. Ditch the workout- Join the Zumba Fitness Party! Fun Packed Dance Fitness session for an hour with great Latin and international music! No worries about 2left-feet, Just dance away, shake your way, Youâ€™ll be amazed that youâ€™ll lose hundreds of calories and feel great Stay healthy and be happy. 1 hour - only £5.00 Please bring water & your friends, too! No need to book as pay as you go! You can just turn up!! Tel/Text Yuko 07786 58 58



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