

# Feeling stuck 20 all treatments this October



Location

**South East, East Sussex**

<https://www.freeadsz.co.uk/x-174233-z>



To celebrate this years Stoptober Campaign, you can save 20% when you book with Ignite Hypnotherapy before the end of October. This offer covers all available treatments! Anyone can experience the powerful benefits of hypnosis - but Cognitive-Behavioural Hypnotherapy takes it one step further by using only evidence-based techniques to produce rapid and long-lasting change. Book your free consultation with me today and allow me to teach you how to unlock your own potential. I specialise in anxiety disorders, phobias and emotional issues but can apply my wide range of techniques to many other conditions –please contact me for a free and confidential chat or to arrange an appointment to visit me in my Hailsham based consulting room. [www.ignitehypnotherapy.uk](http://www.ignitehypnotherapy.uk) Call 01323406216 or text 07984172041 to arrange a call.



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