

# outdoor fitness classes (1 GBP)



Location **North, Lancashire**  
<https://www.freeadsz.co.uk/x-179454-z>



Highly affordable fitness training to get you in the best shape of your life. Combine body weight fitness with nutrition advice. STARTS JANUARY 2016, join our 30/60 or 90 day body transformation programmes, at a fantastic cost of ONLY £1 a session. If your fed up of paying out week after week for just getting weighed in, and getting a piece of paper, then get in touch and get fitness training, nutrition advice, weight ins and get full motivation to reach your goals. YOU HAVE NOTHING TO



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