

Learn to Dance, 6 Ceroc Dance Classes for the price of 3 (21 GBP)



Location **Yorkshire and the Humber, West Yorkshire**
<https://www.freeadsz.co.uk/x-190575-z>

WELCOME TO CEROC YORKSHIRE

-WHAT IS IT?

Ceroc is the largest and fastest growing Dance organisation in the UK. Ceroc is a lively partner dance which is a funky fusion of Jive, Swing and Latin.

The popularity of Ceroc is spreading rapidly throughout the UK.

LEARNING TO DANCE WITH CEROC IS A GREAT WAY TO KEEP FIT, SOCIALISE AND LEARN TO DANCE WHILST ENJOYING A COMPLETE NIGHT OUT.

-LOSE A STONE IN 3 MONTHS

Who wants to work out when going to a Ceroc class provides the same physical benefits as the gym, but it's much more fun and sociable. If you're serious about keeping in shape, then dancing regularly not only burns excess fat, but its also good for toning legs, thighs, hips and stomachs. If you dance at least once a week, you will experience increased stamina and energy levels, poise and coordination.

"It's fun, it's trendy, it's really addictive and it's sweeping dance floors across the nation" INDEPENDENT



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ON SUNDAY
 Ceroc run several different dance nights every week in and around Yorkshire with freestyles, workshops and special events going on all the time
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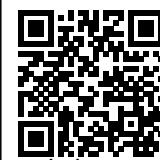
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Mondays LEEDS - St. Charles - 7.30PM
 Tuesday TADCASTER - Billy Smith Hall - 7.30PM

Wednesdays - LEEDS - Queens Hall - 8.00PM

Thursdays - BEVERLEY - Beverley Memorial Hall - 7.30pm

See you on a dance floor...