

# Gadget Fit Vibrating Plate (80 GBP)



Location

South East, Berkshire

<https://www.freeadsz.co.uk/x-192907-z>



**GADGET:FIT Power Vibration Plate** This incredible machine will help you get your dream body with less work! The oscillating motion plate provides a workout to 95% of your muscles, increasing muscle mass and tone, whilst reducing body fat and cellulite. The rapid vibrations cause a high rate of muscle contraction, cramming in reflex muscle contractions at up to 50 times per second. Turbo charge your workout: Increased muscle mass

Cellulite/body fat reduction

Improved circulation

Improved balance

Reduced stress and fatigue

Better flexibility

Deliver great results in less time - 10 minutes on this machine can replace up to an hour of conventional workout

If you suffer from joint problems, have a heart condition or use a pacemaker, we recommend seeking medical advice before using a vibration trainer.

Specifications / Details Machine weight 28kg (use caution when moving/lifting)

Efficient 600W motor

Display showing time/speed/pulse

Anti-jamming and anti-static mechanism

50 incremental speed settings

Maximum user weight 120kg

3 auto built-in workout programs

Dimensions: 70 x 45 x 12cm

Weight: 28kg (55 times less than the gym machine)

Only £124.99 (100 will be free)



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