

## **PILATES** in Ealing



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Location London, London https://www.freeadsz.co.uk/x-193128-z



TUESDAY 6.45pm-7.45pm Venue: St Andrews Church, Mount Park Road, Ealing W5 2RS. Also available at this venue: Wednesday 1pm-2pm. No need to book as there is always place for those coming for the first time, but please let us know you are coming. Offer: Get a Free session when you take a New Subscription. Free parking available. ~~ try exercises online at PILATES Shape-and-Relax ~~ Suitable for all ages, both male and female. No experience required. All levels of fitness welcome. Visit our website for more information. PILATES Shape-and

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