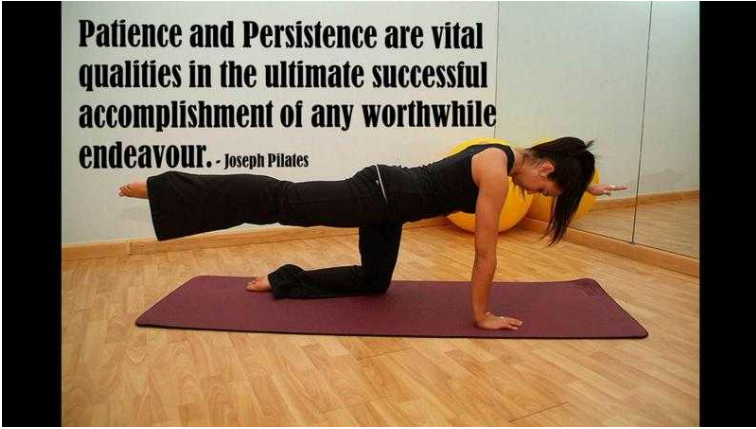





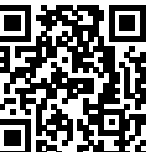






# PILATES in Ealing - Wednesday lunchtime



Location **London, London**  
<https://www.freeadsz.co.uk/x-193129-z>



WEDNESDAY 1pm - 2pm Venue: St Andrew's Church Centre, Mount Park Road, Ealing W5 2RS. The class resumes on 09th September 2015, running on weekly basis. Also available at this venue: TUESDAY 6.45pm. No need to book as there is always place for those coming for the first time, but please let us know you are coming. Get a Free session when you take a New Subscription. Free parking available. ~~~ try exercises online at PILATES Shape-and-Relax ~~~ Suitable for all ages, both male and female. No experience required. All levels of fitness welcome. Visit our website for more information. PILATES Shape-and

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