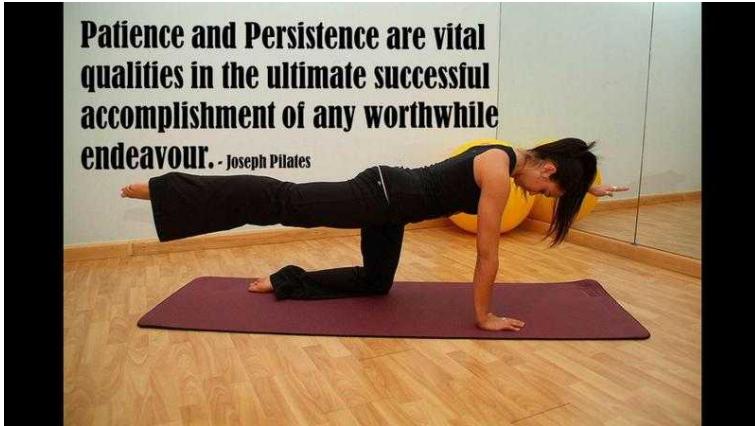


PILATES in Harrow



Patience and Persistence are vital qualities in the ultimate successful accomplishment of any worthwhile endeavour. - Joseph Pilates

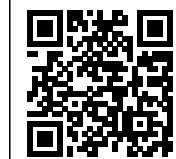
Location

London, London

<https://www.freeadsz.co.uk/x-193130-z>



WEDNESDAY 7.30pm-8.30pm Venue: South Harrow Methodist Church, Walton Avenue HA2 8QU. The class is active on weekly basis. No need to book as there is always place for those coming for the first time, but please let us know you are coming. Get a FREE session when you take a New Subscription. Free parking available. ~~~ try exercises online at PILATES Shape-and-Relax ~~~ Suitable for all ages, both male and female. No experience required. All levels of fitness welcome. Visit our website for more information. PILATES Shape-and



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PILATES in Harrow



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PILATES in Harrow



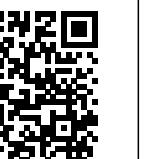
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PILATES in Harrow



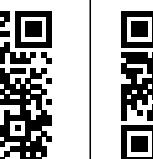
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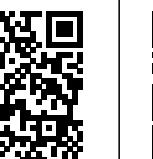
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