

# PILATES Monday in Ealing W13



Location **London, London**  
<https://www.freeadsz.co.uk/x-193131-z>



MONDAY 6.30pm-7.30pm Venue: West Middlesex Lawn Tennis Club, 6 Berners Drive, Ealing W13 0JS. The class is running on weekly basis. Get a Free session when you take a New Subscription. Free parking available. ~~~ try exercises online at PILATES Shape-and-Relax ~~~ Suitable for all ages, both male and female. No experience required. All levels of fitness welcome. Visit our web site for more information. PILATES Shape-and



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