

Aria Acupuncture, Osteopathy, Sports Therapy



Location

South East, West Sussex

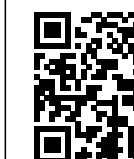
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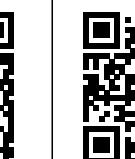

Treatment for all ages including babies, expecting mums and seniors. Caring for our patients and spending time discussing their presenting problem in order to provide tailor-made treatments specific to each patient. Very experienced practitioner offering medical and traditional acupuncture, structural, visceral and cranial osteopathy; and sports injury treatment. At Aria practice you will have a full postural assessment to find the original cause of the problem. Every finding is explained to patients to make them more aware of the bio-mechanics of their bodies. As well as receiving treatment at the practice, patients are prescribed suitable exercises and stretches to do in their own time which is an important part of their recovery as well as preventing future episodes. We treat a wide range of problems such as all musculoskeletal restrictions and pains in all joints and muscles around the body whether they are resulting from wear and tear, accidents, bad postures, sports injuries or anything else. We treat IBS, constipation, period pains, pain related to endometriosis, whiplash, temporomadibular joint problems, depression, insomnia, anxiety, PMT, headaches, facial pains, stiff and painful neck, etc. We treat patients going through chemotherapy and radiotherapy for reducing the side effects of these treatments hence improving the quality of their lives through this difficult time. Patients also benefit greatly on emotional aspects with receiving acupuncture throughout their treatment.;

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