

# BODYMAP PERSONAL TRAINING amp 1-2-1 SWIMMING LESSONS (35 GBP)



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-198281-z>

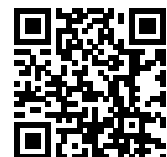
Qualified personal trainer specialising in core strength with kettle bell work  
 Many years experience in this field. I have private gym but I mainly offer a mobile service so we can train in the comfort of your own home or work place. I also specialise in 1-2-1 swimming lessons (mainly adult non-swimmers).I rent a private pool near Lewes East Sussex,however if you have your own pool i can come to you! Please call or email 07850397407 info@bodymappt.co



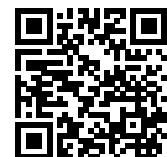
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