

# BODYMAP PERSONAL TRAINING amp 1-2-1 SWIMMING LESSONS (35 GBP)



Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-198281-z>

Qualified personal trainer specialising in core strength with kettle bell work

Many years experience in this field. I have private gym but I mainly offer a mobile service so we can train in the comfort of your own home or work place. I also specialise in 1-2-1 swimming lessons (mainly adult non-swimmers). I rent a private pool near Lewes East Sussex, however if you have your own pool i can come to you! Please call or email 07850397407 info@bodymappt.co



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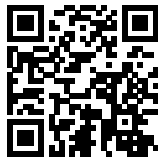
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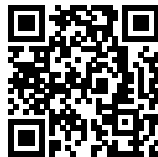
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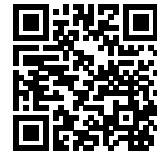
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