

# MXP FITNESS STIRLING Scotland039s premier facility for Martial Arts Strength amp



Location **Scotland, Stirlingshire**  
<https://www.freeadsz.co.uk/x-202129-z>



MXP FITNESS Stirling, Martial Arts, Strength & Conditioning, Functional Fitness, everything you need within one building. Our purpose at MXP is to support our customers in maximising their performance in sport, health and life. Our ambition is to become the UK's leading provider of performance focused, physical training and development products, services and infrastructure. CATERING FOR ALL FITNESS NEEDS. We have developed a very diverse and enthusiastic customer base and our endorsed athletes range from competing powerlifter Chris Wong, to mixed martial arts star, Robert Whiteford. Robert competes in the US based global sports promotion, The UFC (both athletes are Scottish while competing on the international stage). We have a wide range of specialist trainers on site, who can assist with all your desires. We are proud to announce that MXP Training Centre have established a relationship with Youth Scotland, and will be offering courses starting in September 2014 to assist youth development in central Scotland. PROVIDING THE COMPLETE SOLUTION MXP Fitness aims to provide a fully integrated service allowing customers direct access to a development environment for all their training requirements. Our MXP training centres will provide elite level training facilities, body-stat analysis, rehabilitation, recovery advice and treatment services. On top of this we aim to provide assistance with dietary and nutritional queries and assist with athletes making weight for competitions. MXP Nutrition has developed a fresh and clean cut sports supplement range, scientifically formulated and designed to bring together the most effective natural ingredients to enhance users workouts, and optimise their recovery.



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