

220KG Dumbbells, 7 sets from 6.5KG to 30KG. Highest Quality Brands (399 GBP)



Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-213540-z>

Up for sale is a wide array of dumbbells totalling a weight of 220KG.

There are a total of seven different sets of dumbbells including the following:

Tuner max 60KG Iron Dumbbells (Used to make 2 x 30KG dumbbell)

Body max 40KG Rubber Dumbbells (Used to make 2 x 20KG dumbbell)

Body max 40KG Rubber Dumbbells (Used to make 2x 18KG dumbbell)

Body max 40KG Rubber Dumbbells (Used to make 2x 15KG dumbbell)

York Fitness Cast Iron 20KG Dumbbells (Used to make 2x 12.5 KG Dumbbell combined with body max)

Vinyl 20KG Dumbbells (Used to make 2x 9KG dumbbell)

Extra 18" Body max bar (left over weights from body max to make 2x 6.5kg dumbbells)

All the dumbbells for sale are quality brands and are very expensive dumbbells, each set was purchased for around £90 from either power-house fitness or body max directly, the total cost of these dumbbells was over £600 and are still in fantastic condition. The dumbbells can be adjusted to whatever you want on each bar, however, for me they are perfect at the moment. But as you improve you may want to take weight from the smaller dumbbells and make a bigger weight of say 50KG per arm.

In total there are

4x 10KG plates

12 x 5KG plates

24 x 2.5KG plates
24 x 1.25KG plates
24 x 0.625KG plates
24 x 0.3125KG plates
24 x 0.156KG plates
24 x 0.078KG plates
24 x 0.039KG plates
24 x 0.019KG plates
24 x 0.009KG plates
24 x 0.0045KG plates
24 x 0.00225KG plates
24 x 0.001125KG plates
24 x 0.0005625KG plates
24 x 0.00028125KG plates
24 x 0.000140625KG plates
24 x 0.0000703125KG plates
24 x 0.00003515625KG plates
24 x 0.000017578125KG plates
24 x 0.0000087890625KG plates
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