

LEARN TO PLAY THE ARSENAL WAY



Location **South East, Buckinghamshire**
<https://www.freeadsz.co.uk/x-214620-z>

THE COURSE;

Each day there will be a skill theme focusing the children's mind on set skills and techniques based around an Arsenal theme.

Players will take part in coaching delivered by FA and UEFA trained coaches.
 Supporters of all teams welcome

DATES;

Monday 21st December 2015

Tuesday 22nd December 2015

Wednesday 23rd December 2015



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VENUE: Berkhamstead Sportspace Langley Meadow, Douglass Gardens Berkhamstead Hertfordshire HP4 3QQ or: Longdon Sportspace Rumballs Rd, Hemel Hempstead, Hertfordshire HP3 8JB

COST;

1 DAY - £25.00

2 DAYS - £45.00

3 DAYS - £60.00

All our coaches have attended a child protection workshop, are first aid trained, and hold an up to date CRB.

THE GAME PLAN;

Warm Ups

Reaction Games

Skill Technique Training

Daily Tournaments and Small Sided Matches

This three day holiday course using the Arsenal Soccer Schools coaching methodology for developing individual skills and match play. These courses are for children of all ability levels with the aim to learn new and improve existing football skills in a fun environment.

WHAT TO BRING;

Football boots (astro football pitch) and trainers (this is an outdoor course but in the event of severe weather conditions may mean we have to go indoors and play)

Shin pads (which must be worn at all times during play)

Light-weight waterproof jacket

A packed lunch (no nut based food please)

Plenty to drink throughout the day (still drinks) Medical Requirements

WHAT YOU TAKE HOME;

Participants on the full 3 day course will take home soccer school prizes and a player report. Players also have the chance to win the Player of the Week Award! Email: andy@hbsoccer.co