

TENNIS LESSONS RACKET RESTRINGING



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-216108-z>

Winter is the best time to train, you get prepared for the summer tennis season!











COACHING

It doesn't matter whether you are a pure beginner, a rusty player or you play for your team - get taught by an experienced, qualified coach who has trained many players and teams from different clubs all over the Brighton and Hove area. Lessons are £25 for the hour and can be taken one on one or shared between two. Group sessions are run on Sundays 12-1.30pm and are £10. Please get in touch beforehand if you are interested. All lessons are done at St Anns Well Gardens in Hove unless you have your own private court.

RACKET RESTRINGING

To play at your best you need the best equipment. If you have had your strings in your racket for over 6 months it is likely that they have lost their playability. You hit the ball with the strings so it's the strings that need replacing. I have a stock of many strings to suit every player. If you are unsure about if you need a restring or which string will suit your game best, feel free to ask. All rackets get a structural inspection before stringing and I aim to have the racket back to you within 48hrs. If strung in December you get a free overgrip with your restring!

Also search for 'Honeywood Tennis' on facebook for all updates and be part of the tennis community.

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Hope to hear from!