

Awakening Circles - Meditation, Shared supper, Conversation



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-218872-z>



Hello, I'm new to the area, am a Spiritual Life Coach, and passionate about the way we use our minds, love meditation and sharing, and just hope that you might catch a glimpse of this and be curious. Curiosity is something I love most of all, and an openness to questioning our beliefs and habits that keep us stuck -!



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