

# Look amp Feel Better in 2016



**FOREVER F.I.T.**  
Look Better. Feel Better.

**9 day**  
Step one C9  
Kick-start your transformation with our 9 day dietary supplement pack.

**30 day**  
Step two F1  
Create good habits for life. A 30 day regime designed to change the way you think about food and fitness for good.

**30 day**  
Step three F2  
Tone and Transform. A 30 day regime designed to strengthen and tone to help you achieve the optimum transformation.

**CALL NOW: 07979 341241**

Location

**West Midlands, Worcestershire**  
<https://www.freeadsz.co.uk/x-231426-z>

Start the New Year looking and feeling better, with this PROVEN PROGRAMME. FREE personalised weight management coaching NO FEES for membership or subscription SUITABLE for men or women aged 18+ TAILORED to your requirements Money back GUARANTEE FLEXIBLE appointments Special OFFERS We only work with individuals, buddy pairs & small groups, with no humiliating public weigh-ins. This successful programme has been successfully used by celebrities and was the Number 1 Diet on Google in 2014 - this is not a diet, it's a decision! Contact me NOW for more information of this PROVEN weight management program & current SPECIAL OFFERS: 07979 341241 The programme leads you through the different stages of losing weight & improving fitness. This is a 69 day proven programme. Stage 1: 9 day cleanse, to kick-start your weight loss. Stage 2: 30 day weight loss & fitness programme, tailored to your needs. Stage 3: 30 day programme to continue with weight loss, build fitness levels, & lead you to achievable healthier lifestyle changes. Due to the success of this programme, we are also seeking weight management consultants (FULL TRAINING provided). We are an ethical business and offer full training. Please contact me NOW for more information: 07979



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