

## **Jogging for beginners (3 GBP)**



Location **South East, East Sussex** https://www.freeadsz.co.uk/x-233873-z

Want to start jogging but don't want to do it alone? Come and join our class, you don't need to have exercised previously to join the class, all you need to do is be willing to give it a go! Every Wednesday 9.30 - 10.15am

Meet at Cuckoo Car Park in Heathfield. £3 per session or pay £10 per month to attend every week for the whole!

