

Jogging for beginners (3 GBP)



Jogging for Beginners

Want to start jogging but don't want to do it alone?

Come and join our class, you don't need to have exercised previously to join the class, all you need to do is be willing to give it a go!

Starting 6th January every Wednesday 9.30 - 10.15am

Meet at Cuckoo Car Park in Heathfield.

£3 per session or pay £10 per month to attend every week for the whole month!

  K2Bfit  K2BfitKirsty  K2Bfit

07808856774  www.k2bfit.co.uk  kirsty@k2bfit.co.uk 

Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-233873-z>

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