

Childrens Martial Art (4.50 GBP)

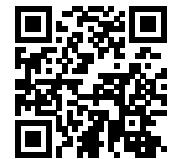


Location

West Midlands, Worcestershire

<https://www.freeadsz.co.uk/x-234426-z>

Little Ninjas is our childrens class that promotes fitness, focus, discipline, and is a great way to prepare them for WMF's classes when they are old enough to make the step up. Classes involve games, weekly homework tasks and of course we teach them martial arts suitable for their age range. Children are rewarded for their continued efforts and improvements in the form of stickers and belts as they progress which is key to keeping them motivated. The classes are all themed focus, discipline, stranger danger, and balance are examples of how we structure our classes. We have graduations every 3 months where the students recieve belts this a great way to reward improvements, and is also perfect for goal setting. The children always get feedback to let them know what they need to do, to be ready for their next belt. What makes our classes fun are the varied tasks, challenges and games that we use to keep them fresh. We also give children and parents ideas for games that they can use at home. ;



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