

# Discover Personal Peace (1 GBP)



Location **North, South Wirral**  
<https://www.freeadsz.co.uk/x-235917-z>



The purpose of the Peace Education Program (PEP) is to help participants discover their own inner resources—innate tools for living such as inner strength, choice, and hope—and the possibility of personal peace.

This is an innovative educational program, facilitated by volunteers, with a curriculum that consists of 10 videos, each focusing on a particular theme. These customized, interactive workshops are non-religious and non-sectarian. The content of each theme is based on excerpts from Prem Rawat's international talks. The themes are: Peace, Appreciation, Inner Strength, Self-Awareness, Clarity, Understanding, Dignity, Choice, Hope, and Contentment.

The next class begins 6.30pm Monday 18th January  
 Central Library, William Brown St, Liverpool, Merseyside L3 8EW  
 for more information contact  
 Esther 07826093315 or Nina



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