

# Fun amp Reasonably-Priced Personal Training - FULLY QUALIFIED



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-236287-z>



About Me Hi there! My name is Jamie Barnett, I am a fully qualified Personal Trainer, local to Kent and East Sussex. I am trained in all areas of fitness - from powerlifting to endurance training. Making your goal, my goal. Myself, able to cover anything you want! What I do **DEPENDING ON YOUR OWN PERSONAL GOALS** Want to work exclusively on your fitness with me? Or split between lessons with me and individually from your own home/gym? It doesn't matter, as **YOU** decide where, how often and when we train. Prices Sessions = 1 Hour Pay as you go: £30/hr 4 sessions: £28/hr (£112 total) 8 sessions: £26/hr (£208 total) 12+ sessions: £24/hr (£288 for 12) **ADD A PARTNER! SAVE £10/hr PER PERSON!** You can split these sessions into 1/2 Hour sessions after booking if you like. **SIGN ME UP!** To let me know what your goals are and book sessions, give me a call on 01580755702 or 07500933872. I will only start sessions once we have talked on the phone and I fully understand what **YOU WANT TO**.



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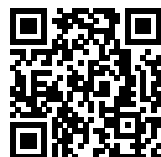
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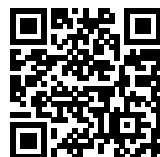
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