

ARMS LEGS BUMS amp TUMS FITNESS CLASS with dumbbells Thursdays 7pm Eastney



Location

South West, Hampshire

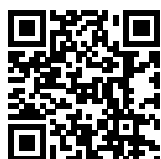
<https://www.freeadsz.co.uk/x-237681-z>



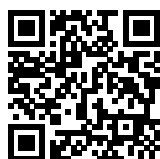
Ladies only toning class ALBT Arms Legs Bums Tums 7-8pm £3.50 PAYG Cockleshell Community Centre Henderson Road Eastney PO4 9SJ (next door to Eastney Swimming Pool) Car parking on site Friendly ladies only group warm welcome guaranteed. Please bring a mat if you have one - ALL fitness levels & ages - Qualified & fully insured REPS Level 3 instructor leading the group. Call for further info - No need to book a place. Look forward to meeting you :)



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TUMS FITNESS CLASS with
dumbbells Thursdays 7pm
Eastney 3.50 per session
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