Diet and healthy lifestyle consultations (1st week for free) (15 GBP)



Location London, London https://www.freeadsz.co.uk/x-238467-z



I would like to invite you for a nutrition counsel, supervision of your diet and healthy lifestyle.

I am a qualified Dietitian in the process of getting Diet Coach certification. I have successfully practiced in many Polish hospitals and in a wide variety of wellness related organizations and foundations.

I will help you create the perfect diet, teach you how to reconcile a healthy lifestyle with a busy schedule and show you the way to increase your motivation to have more energy for things that matter! Price 15£ / week for 1 hr skype consultations, and unlimited email advice for any health, habits, psychology, diet and exercises.













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