

Tipi Yoga - private and group yoga classes



Location South East, East Sussex

https://www.freeadsz.co.uk/x-248050-z



Based in Etchingham, East Sussex, we have a studio on the way and currently offer private yoga classes and have group classes available. Tipi Yoga classes: all levels welcome, bring a water bottle, a yoga mat if you have one (available for 50p hire if not) and a smile along THIS week.

Hurst Green village hall - Wednesdays at 6pm Wadhurst primary school hall - Thursdays at 6pm Etchingham Parker/Ahren hall - Saturdays at 10am

 07762744725 At a reduced student instructor rate now is the perfect time to hop on board the yoga train or just give it a go.

Class schedule available on request.

Each group class is one hour long at £7.50 per person (reduced rate), private group classes have a minimum of 4 people and a maximum depending on the available space - one to ones are £30 per class.

5 group class pass - £30 5 private class pass - £120

We offer different styles to choose from in each private class: Restorative, Hatha, Yin, and Vinyasa - it is up to you. Whatever style is chosen it is your practice and your body. The yoga is tailored to you.

For more information on yoga styles and practice just drop us a message.

