

Free Wellbeing Event



Sussex OAKLEAF
www.sussexoakleaf.org.uk



Health Trainers
small steps, big difference
Sussex Recovery College
Co-production and learning about mental health and recovery



Free Health and Wellbeing Event

Tuesday 26th January 2016

10.30 – 1.30pm

Brightview Community Welbeing service

6 Saffrons Road, Eastbourne, East Sussex, BN21 1DG

Tel. 01323 430203

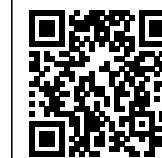
Come and meet local health and wellbeing providers that offer free services to help you improve your health and wellbeing in a fun, friendly and supportive atmosphere. Information stands and free taster sessions.

Location

South East, East Sussex

<https://www.freeadsz.co.uk/x-248317-z>

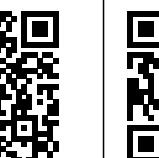
Come and meet local health and wellbeing providers that offer free services to help you improve your health and wellbeing in a fun, friendly and supportive atmosphere. Information stands and free taster sessions during the day. All welcome. 01323 430203 [email]



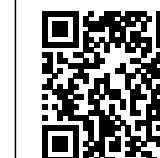
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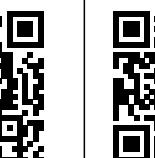
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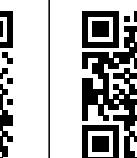
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