

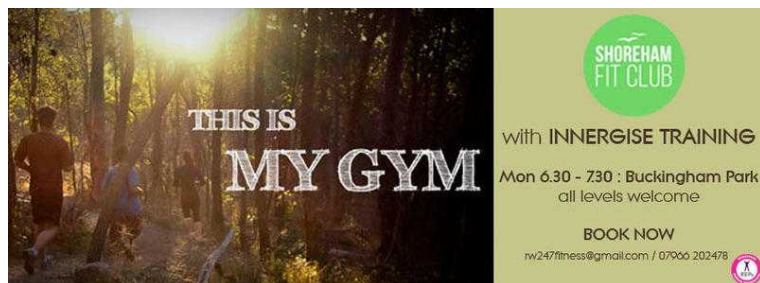
# Fitclub Shoreham Fitclub (5 GBP)



Location

**South East, West Sussex**

<https://www.freeadsz.co.uk/x-248656-z>

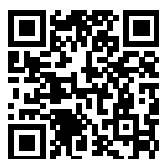


Shoreham Fitclub, Shoreham Buckingham Park. Every Monday at 6:30 pm. Get or stay in shape outside in the fresh air! Reps qualified instructors who are happy to help you regardless of your starting point! Workouts are different all the time helping you to increase your overall fitness and improve health without getting bored. If you are looking to make big changes in a shorter time frame ask us about personal training! Send us an email and well will get right back to you. Ross ;



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