## FITNESS CLASSES FOR ALL LEVELS (5 GBP)



Location **South East, East Sussex** https://www.freeadsz.co.uk/x-257545-z



Struggling with to keep up the fitness resolution?, need that extra push to get you to workout? Highly motivating Fitness classes for all levels on a Monday 7.30-8.30pm at St Wilfids Church Hall Willingdon, Tuesdays 6.45-7.45pm at Cavendish Sports Centre and Fridays 6.30-7.30pm at Performance Fitness Eastbourne. Lots of fun, a great group of people to workout with and lots of laughs. If you are looking to get back on track or need an extra push to reach your fitness goals come along and give a class a try. 'You never know what you can achieve until you try' Mondays are £3 per class Tuesdays and Fridays &pound

