



EK82 HANDBALL CLUB WORK IN THE COMMUNITY TO BRING SPORT TO THE CHILDREN AND ADULTS OF EAST KILBRIDE. WE ARE CURRENTLY DOING TWO PROJECTS IN PARTNERSHIP WITH ACTIVE SCHOOLS, ONE IS IN THE PRIMARY SCHOOLS WHERE EVERY P6 AND P7 CHILD WILL HAVE THE CHANCE OF A TASTER SESSION AND HANDBALL FESTIVAL IN THE SCHOOL TERM. THERE IS ALSO THE SAME OPPORTUNITY IN THE SECONDARY SCHOOLS. THERE ARE PLANS FOR COMPETITIONS BETWEEN THE DIFFERENT AGES IN ALL THREE SECONDARY SCHOOLS. ALL THESE CLASSES AND FESTIVALS ARE FREE, THE HANDBALL CLUBS CURRENT MEMBERS GIVE UP THEIR TIME GLADLY TO HELP SPORT AND FITNESS GROW IN THE EAST KILBRIDE COMMUNITY. EAST KILBRIDE HANDBALL CLUB WAS FOUNDED IN 1972 WHEN THE EK BB FORMED A LINK WITH THE YOUTH CLUBS OF BALLERUP EK TWIN TOWN IN DENMARK, HANDBALL IS A MASSIVE SPORT IN MAINLAND EUROPE, HANDBALL IS ONLY SECOND TO FOOTBALL IN PARTICIPATION IN EUROPE. EAST KILBRIDE FORMED A CLUB AND WENT ON TO DOMINATE HANDBALL IN SCOTLAND FOR THE NEXT TEN YEARS BUT WITHOUT A PROPER STRUCTURE AND NO SPONSORSHIP TV OR MEDIA COVERAGE THE SPORT NEVER TOOK OFF. THE CLUB REFORMED IN 1982 HENCE THE NAME AND HAS HAD LIMITED SUCCESS SINCE THEN. MORE RECENTLY IN 2006 EK82 CHANGED STRATEGY TO BECOME A DEVELOPMENT CLUB SO THAT THEY WOULD HAVE SUSTAINABILITY FOR THE FUTURE. BECAUSE OF THIS ALMOST ALL OF EK FIRST TEAM PLAYERS HAVE COME THROUGH THE DEVELOPMENT PROGRAMME MORE RECENTLY WITH LONDON HOLDING THE 2012 OLYMPICS HANDBALL GOT MAINSTREAM COVERAGE ON TV. SINCE THEN MORE AND MORE PEOPLE HAVE BEEN GETTING

INVOLVED WITH NEW CLUBS POPPING UP ALL OVER BRITAIN AND DEVELOPMENT WORK
 EAR TO WHAT HAPPENED LAST KILMARNOCK DBAL. FOR ITS
 TO JOIN THE CLUB, IT'S THE SKILL AND THERE IS THE PLACE TO PLAY
 OF PLAY. IN THE NATIONAL COMPETITION THERE IS A NATIONAL TEAM
 FROM U12 TO U18 AND U20 LEVEL. WE HAVE TEAMS AND A GROUP
 U12, U14, U16 AND A MALE SENIOR TEAM WHO COMPETE IN THE SCOTTISH NATIONAL
 LEAGUE. WE HAVE TRAINING TIME IN THE JOHNS WRIGHT SPORTS CENTRE AND THE
 MCCOIS COMPLEX. IN THE CHURCH WRIGHT WE CAN 4 TIMES ON WEDNESDAY AND
 THURSDAY. THE ACADEMY GROUP IS SEVEN TO THIRTEEN. WE ALSO HAVE AN 11 SESSION ON
 SUNDAY 11 TILL 2. AGE GROUP FROM 12 TO 15. IN THE ALLY MCCOIS WE HAVE JUNIOR
 TRAINING ON MONDAYS AND WEDNESDAYS BETWEEN 4 AND 6, AGE GROUP SEVEN TO
 THIRTEEN. WEEK 82 SENIOR TRAIN ON A MONDAY NIGHT BETWEEN 8 AND 10 AT THE ALLY



COME AND JOIN THE EK82
HANDBALL REVOLUTION.
HANDBALL IS THE FASTEST
GROWING SPORT IN THE
COUNTRY.

MCCOIST CENTRE.. ANYONE SIXTEEN YEARS OR OLDER ARE WELCOME, MALE OR FEMALE.
WE NOW HAVE A FACEBOOK PAGE (LOOK UP EK82 HANDBALL CLUB)AND A
WEBSITE(WWW.EKHC82.CO.UK) FOR INFORMATION UPDATES OF WHATS HAPPENING AT THE
CLUB. COME AND BE PART OF THE HANDBALL