



UNIVERSAL APPROACH TO REFLEXOLOGY  
4 DAY PRESENTATION & WORKSHOPS  
10th to 13th June 2016

SUBUD CENTRE PERTH I am very excited to announce that Chris Stormer-Fryer will be returning to Perth, Scotland in June 2016 to present her highly popular Universal Approach to Feet. Chris will be presenting all the information on the emotional and metaphysical aspects of dis-ease covering all the body systems and how the Universal Approach achieves health benefits on all levels Mind, Body & Soul. In the afternoon practical sessions Chris will be sharing all the techniques and working through all the body systems each progressive day we will building on the previous days session, and on our last afternoon we will all benefit from a wonderful full treatment working in pairs. This form of Reflexology is sometimes described as Light Touch Technique, in my practice I describe it as Rei-flexology, less really is more in terms of pressure and you will be amazed at the results! It uniquely takes us into the Alpha State of consciousness where healing takes place. Chris is affectionally known Worldwide as the "Universal Foot Lady" and through many years of research developed this technique which she channelled through, as you experience the treatment I am sure you will agree with me when I say it is from the "Angelic Realm". 3 main techniques are used the light touch thumb walking, Milking and feathering/healing techniques. Also which is truly balancing both feet are worked together simultaneously. Chris Stormer-Fryer is a World Renowned Reflexology Author and Presenter of Natural Health and Healing with 7 published books to date and an exciting e-book underway. Chris is sought after Worldwide and has been presenting around the Globe for the past 24 years. I am never sure when will be Chris's last tour but I

would recommended you catch her this year! Please book early to avoid disappointment as places will be limited. This is mainly open to a wider interest in Natural Health and Healing. We do have a centre in this June 2016 here: The New Sound Centre  
75 Colindale Avenue, London NW9 1BA  
Friday 11th FEB When: 10am-13th June 2016 10am to 4pm (5 days investment £130 for 4 days (Early Bird Bookings Paid in Full 6 weeks before start date £20 Discount) Prize Draw: Entry into African Soul Retreat with Chris & first 12 bookings receive a free Universal Technique DVD (All bookings paid in full 4 weeks before start date). Contact Diane for more information and booking



## Universal Approach to Feet with Chris Stormer-Fryer