

# Look Better. Feel Better.

**FOREVER F.I.T.**  
Look Better. Feel Better.

**9 day**  
Step one C9  
Kick-start your transformation with our 9 day dietary supplement pack.

**30 day**  
Step two F1  
Create good habits for life. A 30 day regime designed to change the way you think about food and fitness for good.

**30 day**  
Step three F2  
Tone and Transform. A 30 day regime designed to strengthen and tone to help you achieve the optimum transformation.

**CALL NOW: 07979 341241**

Location

West Midlands, Worcestershire

<https://www.freeadsz.co.uk/x-268933-z>

Do you really want to LOOK & FEEL fitter, trimmer & healthier? Now you can with this PROVEN 69 DAY PROGRAMME. FREE personalised weight management coaching NO FEES for membership or subscription SUITABLE for men or women aged 18+ TAILORED to your requirements Money back GUARANTEE FLEXIBLE appointments Special OFFERS We only work with individuals, buddy pairs & small groups, with no humiliating public weigh-ins. Contact me NOW for information & current SPECIAL OFFERS: 07979 341241 The 69 day proven programme leads you through the different stages of losing weight & improving fitness. Stage 1: 9 day cleanse, to kick-start your weight loss. Stage 2: 30 day weight loss & fitness regime, tailored to your needs. Stage 3: 30 day programme to continue with weight loss, build fitness levels, & lead you to achievable healthier lifestyle changes. This proven programme has been successfully used by celebrities and was the Number 1 Diet on Google in 2014 - this is not a diet, it's a decision! Due to the popularity of this programme, we are also seeking weight management consultants. We are an ethical business and offer FULL TRAINING. Please contact me NOW for more information: 07979



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