

# Man and Van



From single items to full van

Any Distance

Short notice available

No job to big or small

Household waste removed

Garden waste removed

Furniture disposal service

Collections and deliveries

Available 7 days a week, Evenings and Weekends

Call us now for a free no obligation quote

**Ring or Message - 07840300783**

Location

**South East, East Sussex**

<https://www.freeadsz.co.uk/x-271405-z>



Man and Van Services in Eastbourne and surrounding areas -House Removal - Collections - Deliveries  
-From single items to full van -Any distance -Short notice available -No job to big or small -All the of  
house clearance -Household - garden waste removed -Furniture disposal service Call us now or Message  
us on Facebook for a Free No Obligation Quote Tel - 07840300783 07934996574  
[https://www.facebook.com/Man-and-Van-427218447459945/?view\\_public\\_for](https://www.facebook.com/Man-and-Van-427218447459945/?view_public_for)



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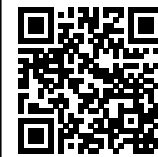
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