

## Free course for Carers in Carnon Downs



Location **South West, Cornwall** https://www.freeadsz.co.uk/x-272591-z



The Core Health Consultancy will be commencing a FREE course for carers at the Carnon Downs Village Hall from Monday 4th April at 1.00 pm . If you are a carer for a neighbour, a family member or friend, you can come along. We offer the chance for discussion, gentle exercise and some relaxation. Tea and coffee is provided. Contact us on 01872 300261 or email on [email&#160]

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