

# North London Self Defence amp Practical Martial Arts (10 GBP)



Location **London, London**  
<https://www.freeadsz.co.uk/x-272643-z>



Self Defence and Practical Martial Arts classes for men, women and teens aged 14 + regardless of sex, size and shape. Classes incorporate elements from a variety of martial arts and self defence systems including : Taekwondo, Kuk Sool Won, Aki-Jitsu, Krav Maga and Reality Based Self Protection Methods. The classes are geared towards streetwise self defence and protection for todays violent environment. Come along for a free informal chat. Currently taking on enrolments at the following club : Holly Park Methodist Church Hall, Crouch Hill, London, N4 4BY Tuesdays 7.30 - 8.45pm Close to Muswell Hill, Crouch End, Stroud Green, Finsbury Park, Archway, Bounds Green, Wood Green and East Finchley. Please arrive 5 mins early to speak to an instructor. Facebook: eclectic self protection - north london self defence Web: [www.eclecticselfprotection.com](http://www.eclecticselfprotection.com) More info call:



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