

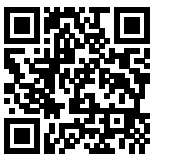
# Happiness is a choice



Location **South East, East Sussex**  
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Happiness is a choice New FREE 12 hour transformation experience Every Thursday 2 - 4pm @ B.U.C.F.P. 6 Tilbury PI, Brighton BN2 0GY Learn NLP, hypnosis & solution-focused approaches for quickly reducing stress, anxiety, depression and noticeably improving your sense of well-being Fast and long lasting results Empower your friends & family too Volunteer opportunities Limited places! (Free only for unemployed & low)



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