

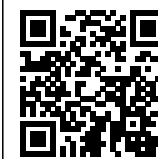
# Pole Fitness Classes in Bexhill



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-275182-z>



A small group mixed ability class run weekly at Bexhill Leisure Centre, private lessons also available. Search Pole Fitness on facebook or have a look on my website for further details <http://michadawes.wix.com/polefitness>. A fun way to get fit, lose weight and tone!



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