

## **Pole Fitness Classes in Bexhill**



Location **South East, East Sussex** https://www.freeadsz.co.uk/x-275182-z



A small group mixed ability class run weekly at Bexhill Leisure Centre, private lessons also available. Search Pole Fitness on facebook or have a look on my website for further details http://michadawes.wix.com/polefitness. A fun way to get fit, lose weight and tone!

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