

Helen Finan Counselling Services MBACP (Registered)



Location **South East, Kent**
<https://www.freeadsz.co.uk/x-278201-z>



I am an experienced counsellor working in and around the Tonbridge, Kent area. I work with a variety of people who, for diverse reasons, have found life challenging, stressful or heart-breaking. I have a master's degree in counselling and psychotherapy and many years of experience in helping troubled people. You may wish to explore aspects of your life which do not make sense to you, whether they involve life-changing events or ways of thinking which have become unhelpful. My objective is that you are less anxious and distressed because you have engaged in the process. WEBSITE: <http://www.helenfinancounselling.com/> TELEPHONE: 07918 657337;



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