

matcha tea (24.99 GBP)



Location Wales, Mid Glamorgan https://www.freeadsz.co.uk/x-280643-z



Matcha Tea Powder 80g 100% Matcha Powder (Recyclable) Zip lock for freshness Reusable Enjoy Matcha hot or cold, with milk, juices and smoothies, hot not boiling water. Low fat Low sugar Low carbohydrate Low G.I (Glycaemic index) Vegetarian Vegan Recyclable Possible Health benefits Matcha is packed with antioxidants including the powerful Epigallocatechin gallate (EGCG) Epigallocatechin gallate (EGCG), also known as epigallocatechin-3-gallate, is the ester ofepigallocatechin and gallic acid, and is a type of catechin. EGCG, the most abundant catechin in tea, it is a polyphenol and currently under research for its potential to affect human health and disease. EGCG is used in many dietary supplements. Boosts metabolism Detoxifies effectively and naturally Calms the mind and relaxes Rich in fibre, chlorophyll and vitamins Enhances mood and aids in concentration Provides vitamin C, selenium, chromium, zinc and magnesium Lowers cholesterol and blood sugar Matcha tea is an easy and simple way to add powerful health benefits to your everyday diet. www.magic-matcha.co.uk Green Powder Tea

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