

TM Fitness - Fitness Classes (3 GBP)



Location **Scotland, West Lothian**
<https://www.freeadsz.co.uk/x-280741-z>

All classes are run at South Queensferry Taekwon-Do School with a variety for all fitness levels. Monthly measurements, weigh-ins & photos can be taken in order to keep you highly motivated and work towards achieving your goals. I train with a fantastic team of individuals who never fail to support all other group members, especially new ones while we make every session fun, hard working, but very rewarding ensuring yo leave with a smile looking forward to your next one. Fell free to contact me at anytime if there's anything I can further assist you with. Thanks for reading and I look forward to working with you :)
 Tony



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



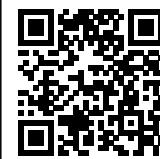
TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>



TM Fitness - Fitness Classes

<https://www.freeadsz.co.uk/x-280741-z>