

# Traditional Japanese martial arts - beginners seminar this Sunday (March 6th)



Location **Scotland, West Lothian**  
<https://www.freeadsz.co.uk/x-280742-z>



At Tenkai Dojo in Edinburgh we practice Ninpo, the martial art of the Samurai and Ninja. Ninpo is excellent for confidence, awareness, fitness, and self-defense. Beginners start with unarmed techniques and progress to the staff and sword with experience. Classes are taught in a friendly and welcoming atmosphere using centuries-old teaching techniques. All adult ages and ability levels welcome. Get in touch for information about evening classes and our beginners seminar on Sunday March 6th - call Samurai Edinburgh on 0131 447 3511 or visit [www.samuraiedinburgh.com](http://www.samuraiedinburgh.com) for.



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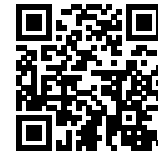
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