

Japanese style matcha tea



Location Wales, Gwent https://www.freeadsz.co.uk/x-281274-z



Matcha Tea poweder for sale Brand name Magic-Matcha.co.uk Matcha Tea Powder 80g 100% Matcha Powder (Recyclable) Zip lock for freshness Reusable Enjoy Matcha hot or cold, with milk, juices and smoothies, hot not boiling water. Low fat Low sugar Low carbohydrate Low G.I (Glycaemic index) Vegetarian Vegan Recyclable Possible Health benefits Matcha is packed with antioxidants including the powerful Epigallocatechin gallate (EGCG) Epigallocatechin gallate (EGCG), also known as epigallocatechin-3-gallate, is the ester ofepigallocatechin and gallic acid, and is a type of catechin. EGCG, the most abundant catechin in tea, it is a polyphenol and currently under research for its potential to affect human health and disease. EGCG is used in many dietary supplements. Boosts metabolism Detoxifies effectively and naturally Calms the mind and relaxes Rich in fibre, chlorophyll and vitamins Enhances mood and aids in concentration Provides vitamin C, selenium, chromium, zinc and magnesium Lowers cholesterol and blood sugar Matcha tea is an easy and simple way to add powerful health benefits to your everyday diet. This is perfect for those who enjoy healthy living but don't enjoy normal green tea. Matcha has a milder taste and can be used to make all sorts of foods and drink. www.magic-matcha.co

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